## RecipesCh@ se

## **Nashville Hot Fried Chicken**

Yield: 4 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/nashville-hot-recipe-southern-living

## **Ingredients:**

- 1/2 cup buttermilk low-fat or non-fat is fine
- 5 ounces habanero hot sauce bottle, see LC Note above
- 3 pounds chicken drumsticks bone-in, skin-on
- vegetable oil for frying
- 2 cups all-purpose flour
- 2 teaspoons table salt
- 3/4 teaspoon ground black pepper freshly
- 3/4 teaspoon onion powder

## **Nutrition:**

Calories: 930 calories
Carbohydrate: 50 grams
Cholesterol: 285 milligrams

4. Fat: 47 grams5. Fiber: 2 grams6. Protein: 69 grams7. SaturatedFat: 11 grams

8. Sodium: 2420 milligrams

9. Sugar: 2 grams

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