

# Mille-Feuille (Napoleon)

Yield: 11 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-desserts-mille-feuille-a-short-recipe>

## Ingredients:

- 2 cups whole milk
- 4 egg yolks
- 1/4 cup flour
- 1/3 cup sugar
- 1/4 teaspoon kosher salt or 1/2 teaspoon sea salt
- 1 teaspoon vanilla extract
- 16 ounces puff pastry 2 puff pastry sheets
- flour for dusting
- 2 cups powdered sugar
- 1/4 cup whole milk
- 2 dark chocolate squares

## Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 80 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 7 grams
8. Sodium: 180 milligrams
9. Sugar: 34 grams

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