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Roasted Napa Cabbage

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/napa-cabbage-vietnamese-recipe

Ingredients:

- 1 head napa cabbage 12 cups when shredded
- 3/4 cup oil whatever kind you like best
- 1 1/2 tablespoons minced garlic
- salt
- pepper

Nutrition:

Calories: 420 calories
Carbohydrate: 9 grams

3. Fat: 42 grams4. Fiber: 3 grams5. Protein: 3 grams

6. SaturatedFat: 3.5 grams7. Sodium: 220 milligrams

8. Sugar: 2 grams

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