

# Namoura With Tea

Yield: 30 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/namoura-lebanese-dessert-recipe>

## Ingredients:

- 2 cups white sugar
- 1 cup water
- 2 tablespoons rose water substitute with orange water
- 1/2 tablespoon butter Plant based
- 3 cups coarse semolina
- 270 grams butter Plant Based, room temperature
- 1 tablespoon rose water substitute with orange water
- 1 teaspoon soda bicarbonate
- 1 pinch salt
- 1 1/2 teaspoons baking powder
- 1 cup coconut yoghurt
- 1/2 cup white sugar
- 1 teaspoon Tahini
- 30 almonds

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 20 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 5 grams
8. Sodium: 90 milligrams
9. Sugar: 17 grams

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