

# Homemade Naan (Indian Flatbread)

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/flatbread-recipe-indian-style>

## Ingredients:

- 2 teaspoons dry active yeast
- 1 teaspoon sugar
- 1/2 cup water
- 3 cups flour
- 1/2 teaspoon salt
- 1/4 cup vegetable oil
- 1/3 cup plain Greek yogurt
- 1 egg

## Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 74 grams
3. Cholesterol: 55 milligrams
4. Fat: 17 grams
5. Fiber: 3 grams
6. Protein: 12 grams
7. SaturatedFat: 2 grams
8. Sodium: 330 milligrams
9. Sugar: 2 grams

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