

Mushroom Rice Pilaf

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mushroom-rice-recipe-pakistani>

Ingredients:

- 1/2 tablespoon olive oil
- 1 onion small, diced
- 6 mushrooms large, chopped
- 3/4 cup brown rice
- 1 3/4 cups vegetable broth I used low sodium
- salt
- pepper

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 33 grams
3. Fat: 3 grams
4. Fiber: 3 grams
5. Protein: 4 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 610 milligrams
8. Sugar: 3 grams

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