

Mushroom Lasagna with Béchamel Sauce

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/mushroom-lasagna-recipe-indian-style>

Ingredients:

- 2 tablespoons oil
- 2 onions medium, chopped
- 6 cloves garlic minced
- 4 11/16 cups mushrooms sliced
- salt
- 9 lasagna noodles 150g
- 1 1/16 cups cheese 1 1/2 cup, grated
- 3 1/8 cups milk
- 3 1/8 tablespoons butter
- 3 1/16 tablespoons flour
- salt

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 75 milligrams
4. Fat: 31 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 15 grams
8. Sodium: 790 milligrams
9. Sugar: 17 grams

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