

# Spinach Chicken Curry

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mushroom-chicken-curry-recipe-indian>

## Ingredients:

- 10 ounces frozen spinach thawed in the microwave with a tablespoon of water. I just put the frozen block in a microwave-proof bowl wit...
- 1 package chicken substitute, like Gardein Scallopini, cut into cubes.
- 2 cups mushrooms I used crimini but button or shiitake would be great too. Halve the mushrooms if they're small, and quarter if they'r...
- 1 onion minced
- 1 tablespoon ginger paste
- 1 tablespoon garlic paste
- 1 cup tomato puree
- 1 tablespoon coriander powder
- 1 tablespoon Garam Masala
- 1 teaspoon chilli powder cayenne for a big hit, paprika if you prefer your curries milder
- 1/2 teaspoon turmeric powder
- 1 tablespoon olive oil
- 1/3 cup almonds soaked in hot water for two hours, then pureed in a blender to a smooth paste with 1 cup water., You can use pistachio...
- salt to taste
- 1/2 cup coriander leaves chopped
- 1 lemon

## Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 245 milligrams
4. Fat: 22 grams
5. Fiber: 9 grams
6. Protein: 85 grams
7. SaturatedFat: 5 grams
8. Sodium: 830 milligrams

9. Sugar: 7 grams

---

Thank you for visiting our website. Hope you enjoy Spinach Chicken Curry above. You can see more 19 mushroom chicken curry recipe indian Dive into deliciousness! to get more great cooking ideas.