

# Sweet Potato Biscuits

Yield: 8 min  
Total Time: 27 min

Recipe from: <https://www.recipeschoose.com/recipes/mr-foods-recipe-for-southern-sweet-potato-biscuits>

## Ingredients:

- 2 cups flour
- 1 tablespoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1/4 cup unsalted butter cold, cut into pieces
- 1/2 cup sweet potato cooked, mashed
- 1 cup buttermilk

## Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 430 milligrams
9. Sugar: 2 grams

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