

Egg Roll Bowl

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-rice-roll-recipe>

Ingredients:

- 1 1/2 pounds ground pork
- 1 yellow onion finely chopped
- 1 1/2 tablespoons sesame oil
- 1/4 cup low sodium soy sauce
- 2 tablespoons hoisin sauce
- 4 cloves garlic minced
- 1 teaspoon ground ginger
- 16 ounces coleslaw mix
- carrots
- 2 green onions chopped diagonally
- 1/4 teaspoon red pepper flakes
- kosher salt
- freshly ground pepper
- rice cooked, garnish, optional

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 80 milligrams
4. Fat: 27 grams
5. Fiber: 3 grams
6. Protein: 22 grams
7. SaturatedFat: 10 grams
8. Sodium: 660 milligrams
9. Sugar: 3 grams

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