

Clean Eating Thanksgiving Turkey

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/a-good-turkey-recipe-for-thanksgiving>

Ingredients:

- 2 slices whole grain bread clean, 100%
- 2 tablespoons gravy
- 1 slice bread
- 4 slices turkey
- 2 tablespoons cranberry sauce clean
- 2 leaves lettuce optional

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 20 milligrams
4. Fat: 3 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 1 grams
8. Sodium: 190 milligrams
9. Sugar: 5 grams

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