

Moo Shu Pork

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipes-chinese-recipe-moo-shu-pork>

Ingredients:

- 1 tablespoon cornstarch
- 1/4 cup cold water
- 2 tablespoons reduced sodium soy sauce
- 2 teaspoons gingerroot minced fresh
- 5 boneless pork loin chops 4 ounces each, cut into thin strips
- 1 teaspoon minced garlic
- 2 teaspoons sesame oil
- 1/4 cup hoisin sauce
- 3 cups coleslaw mix with carrots
- 8 flour tortillas 8 inches, warmed

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 135 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 68 grams
7. SaturatedFat: 5 grams
8. Sodium: 1760 milligrams
9. Sugar: 6 grams

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