

# Baked Moroccan Fish

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/moroccan-fish-recipe-israeli>

## Ingredients:

- 1/2 pound fish
- 1 tablespoon spice Moroccan
- 1/4 cup fresh mint

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 35 milligrams
4. Fat: 3.5 grams
5. Protein: 11 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 30 milligrams

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