

Portuguese Chicken I

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/woolworths-portuguese-chicken-recipe>

Ingredients:

- 1/4 cup butter
- 4 bone-in chicken breast halves with skin
- 1 1/2 cups chicken stock or as needed
- 1 cup dry white wine
- 4 cloves garlic peeled
- 1 tablespoon all-purpose flour
- 1 teaspoon salt
- 1 teaspoon pepper
- 1 cup heavy cream

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 130 milligrams
4. Fat: 39 grams
5. Protein: 5 grams
6. SaturatedFat: 24 grams
7. Sodium: 830 milligrams
8. Sugar: 2 grams

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