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Creamy Cheesy Veggie Puffs

Yield: 8 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/vegetable-casserole-recipe-with-swiss-cheese

Ingredients:

- 1 package refrigerated biscuits 8 count
- 12 ounces veggies Birds Eye Steamfresh, any variety, divided
- 1 1/2 cups swiss cheese
- 3 ounces cream cheese
- 1/2 cup plain greek yogurt

Nutrition:

Calories: 200 calories
Carbohydrate: 17 grams
Cholesterol: 30 milligrams

4. Fat: 11 grams5. Fiber: 1 grams6. Protein: 9 grams7. SaturatedFat: 6 grams

8. Sodium: 410 milligrams

9. Sugar: 4 grams

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