

MINI ITALIAN MEATBALLS

Yield: 5 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mini-italian-meatballs-recipe>

Ingredients:

- 1 pound ground meat half beef, half pork
- 1/3 cup grated Parmesan or grana padana
- 1/3 cup plain bread crumbs dried
- 2 large garlic cloves finely minced or pressed
- 1 tablespoon parsely chopped fresh
- 1 egg
- salt
- pepper

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 105 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. SaturatedFat: 5 grams
8. Sodium: 380 milligrams
9. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy MINI ITALIAN MEATBALLS above. You can see more 15 mini italian meatballs recipe Get cooking and enjoy! to get more great cooking ideas.