

Mincemeat Tarts

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-mincemeat-tarts-recipe>

Ingredients:

- 14 ounces mince pre-made fruit
- 1 cup plain flour or all purpose flour
- 1 cup wholemeal flour
- 1 stick unsalted butter
- 1/4 cup icing sugar or powdered sugar
- 4 tablespoons cold water
- butter extra, for greasing muffin tins
- icing sugar extra, or powdered sugar to decorate

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 103 grams
3. Cholesterol: 75 milligrams
4. Fat: 41 grams
5. Fiber: 8 grams
6. Protein: 11 grams
7. SaturatedFat: 21 grams
8. Sodium: 300 milligrams
9. Sugar: 38 grams

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