

# Strawberry Millefoglie

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/millefoglie-d-italia-recipe>

## Ingredients:

- 1 cup whole milk
- 1 cup heavy cream
- 1 vanilla bean halved lengthwise and seeds scraped, pod reserved for another use
- 1/2 cup granulated sugar
- 2 tablespoons flour 00 or all-purpose
- 2 tablespoons cornstarch
- 1 pinch kosher salt
- 3 large egg yolks
- 5 sheets phyllo dough
- unsalted butter Melted, for brushing
- sugar Confectioners', for dusting
- 8 ounces strawberries hulled and thinly sliced
- chocolate shavings Dark, for garnish, optional

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 63 grams
3. Cholesterol: 270 milligrams
4. Fat: 38 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 22 grams
8. Sodium: 260 milligrams
9. Sugar: 39 grams

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