

Crockpot Sauerkraut and Kielbasa

Yield: 5 min
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/mild-italian-sausage-potatoes-and-sauerkraut-recipe>

Ingredients:

- 2 tablespoons butter
- 1 onion diced
- 2 garlic cloves crushed and diced
- 1 pound kielbasa or favorite sausage, sliced
- 1 quart sauerkraut Homemade, and it's juices
- 3 potatoes cubed
- salt
- pepper
- 1 teaspoon thyme
- 1 teaspoon sage

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 75 milligrams
4. Fat: 21 grams
5. Fiber: 7 grams
6. Protein: 16 grams
7. SaturatedFat: 8 grams
8. Sodium: 1640 milligrams
9. Sugar: 4 grams

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