

Mexican Haystacks

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mijute-rice-mexican-rice-cooker-recipe>

Ingredients:

- 1 rice recipe Cilantro, recipe below or cooked rice, about 3 cups
- 1 1/2 pounds ground beef
- 1 ounce taco seasoning
- 3/4 cup water
- 1/2 cup salsa
- 15 ounces black beans rinsed and drained
- sour cream TOPPINGS
- cilantro TOPPINGS
- salsa TOPPINGS
- tomatoes TOPPINGS
- lettuce TOPPINGS
- corn chips TOPPINGS
- avocado TOPPINGS
- guacamole TOPPINGS
- shredded cheese TOPPINGS
- 3 cups water
- 4 chicken bouillon cubes
- 1 teaspoon minced garlic
- 1/2 bunch cilantro
- 4 ounces diced green chilies
- 1/2 teaspoon salt
- 1 tablespoon butter
- 3 cups minute rice

Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 90 grams
3. Cholesterol: 135 milligrams
4. Fat: 36 grams

5. Fiber: 14 grams
6. Protein: 50 grams
7. SaturatedFat: 15 grams
8. Sodium: 2800 milligrams
9. Sugar: 5 grams
10. TransFat: 1.5 grams

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