

# Simplest Beef Curry

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-beef-curry-recipe>

## Ingredients:

- 1 pound beef stewing meat, cut into 3/4-inch, 2 cm pieces
- 1/4 teaspoon salt
- 1/8 teaspoon turmeric
- 1 tablespoon minced ginger peeled
- 1 tablespoon minced garlic
- 2 tablespoons peanut oil
- 3 cups water
- 2 teaspoons fish sauce
- 2 tablespoons fried shallots see Note
- 8 shallots small, peeled and left whole
- 1/2 teaspoon red chile powder

## Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 75 milligrams
4. Fat: 24 grams
5. Protein: 28 grams
6. SaturatedFat: 8 grams
7. Sodium: 490 milligrams
8. TransFat: 1 grams

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