

# Sponge Cake in a Mug

Yield: 24 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/microwave-recipe-for-chinese-sponge-cake>

## Ingredients:

- 5 1/2 tablespoons flour
- 4 tablespoons sugar
- 1/8 teaspoon baking powder
- 1 egg
- 5 tablespoons milk
- 1 tablespoon canola oil
- 1 dash salt
- 1 dash almond extract
- sweetened whipped cream
- 4 strawberries diced, or other favorite berries

## Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 10 milligrams
4. Fat: 1 grams
5. Protein: 1 grams
6. Sodium: 20 milligrams
7. Sugar: 2 grams

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