

The Perfect Baked Potato

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/microwave-potato-italian-recipe>

Ingredients:

- 6 baked potatoes
- 2 tablespoons olive oil
- 1 tablespoon coarse kosher salt
- chives optional
- sour cream optional
- cheese optional
- chili optional
- bacon optional
- butter optional

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 59 grams
3. Cholesterol: 35 milligrams
4. Fat: 20 grams
5. Fiber: 5 grams
6. Protein: 9 grams
7. SaturatedFat: 8 grams
8. Sodium: 2010 milligrams
9. Sugar: 6 grams

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