

# Budin Azteca

Yield: 4 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/mexico-the-beautiful-cookbook-budin-azteca-recipe>

## Ingredients:

- 2 poblano peppers large
- 10 corn tortillas 6-inch
- 1/4 cup olive oil
- 1 yellow onion small, chopped, 1 cup
- 3 cloves garlic minced
- 2 teaspoons coarse salt
- 2 tablespoons fresh oregano chopped
- 2 teaspoons chipotles in adobo sauce finely chopped
- 28 ounces whole peeled tomatoes pureed
- 1 cup heavy cream
- 1 pound chicken breast poached, shredded, 3 cups
- 8 ounces Monterey Jack cheese shredded
- 1 bunch radishes thinly sliced
- 1 head romaine lettuce thinly sliced crosswise
- 2 tablespoons white wine vinegar

## Nutrition:

1. Calories: 900 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 220 milligrams
4. Fat: 63 grams
5. Fiber: 9 grams
6. Protein: 45 grams
7. SaturatedFat: 31 grams
8. Sodium: 2210 milligrams
9. Sugar: 4 grams

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