

Instant Pot Chicken Pad Thai

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexico-in-my-kitchen-peanut-chicken-recipe>

Ingredients:

- 2 tablespoons olive oil
- 2 chicken breasts diced
- 4 cloves garlic minced
- 3 tablespoons low sodium soy sauce or tamari
- 1/2 cup sauce jarred pad thai, I like Thai Kitchen brand
- 1 1/2 cups water
- 1/2 package rice noodles thick
- 1 cup carrot matchsticks
- 1/2 yellow pepper each red and, sliced
- 4 green onions sliced
- 1/3 cup peanuts chopped
- 1/3 cup chopped cilantro fresh

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 29 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 690 milligrams
9. Sugar: 5 grams

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