

Mini Mexican Wonton Quiche

Yield: 18 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-wonton-recipe>

Ingredients:

- 1/2 pound lean ground beef about 2 cups once cooked
- 1 teaspoon chili powder
- 3/4 teaspoon cumin
- 1/2 teaspoon garlic powder
- 1/2 teaspoon salt
- 1/4 teaspoon dried oregano
- 1/8 teaspoon paprika
- 1/2 cup red pepper finely diced
- 2 tablespoons green onion chopped
- 36 wonton wrappers about 3" in diameter
- 5 large eggs
- 1/2 cup milk
- 1/4 teaspoon salt
- 1 cup cheddar cheese shredded
- 1 cup shredded lettuce optional, for serving
- 1 cup diced tomatoes finely, optional, for serving
- 1 cup salsa optional, for serving

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 80 milligrams
4. Fat: 6 grams
5. Fiber: 2 grams
6. Protein: 13 grams
7. SaturatedFat: 2 grams
8. Sodium: 620 milligrams
9. Sugar: 2 grams

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