

Crock Pot White Bean Chicken Chili

Yield: 8 min
Total Time: 450 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-white-cheese-dip-recipe-crock-pot>

Ingredients:

- 4 chicken breasts
- 1 teaspoon chili powder
- 1 teaspoon cumin
- 1 small onion chopped
- 4 garlic cloves minced
- 1/2 teaspoon ground oregano
- 1/2 teaspoon ground coriander
- 1 dash cayenne pepper
- 2 diced green chiles 4.5 oz cans
- 15 ounces white corn drained and rinsed
- 31 ounces white beans I used Cannellini and Small White beans
- 14 1/2 ounces chicken broth
- 3 tablespoons butter
- 3 tablespoons flour
- 1 cup milk
- 1 cube chicken bouillon
- 1/2 teaspoon white pepper
- 1 teaspoon salt
- 1/2 cup sour cream
- lime for serving
- avocado for serving
- cilantro for serving
- white cheese for serving

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 42 grams

3. Cholesterol: 100 milligrams
4. Fat: 15 grams
5. Fiber: 8 grams
6. Protein: 37 grams
7. SaturatedFat: 7 grams
8. Sodium: 630 milligrams
9. Sugar: 5 grams

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