

Thelma's Tea Cookies (Mexican Wedding Cake)

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/best-mexican-wedding-cake-recipe>

Ingredients:

- 1 cup shortening
- 1/2 cup powdered sugar
- 2 1/4 cups all purpose flour
- 1 teaspoon vanilla
- 1/2 teaspoon salt
- 1 cup nuts chopped finely, optional for my sister, a must for me. I prefer walnuts or pecans for this cookie

Nutrition:

1. Calories: 980 calories
2. Carbohydrate: 76 grams
3. Fat: 71 grams
4. Fiber: 6 grams
5. Protein: 15 grams
6. SaturatedFat: 14 grams
7. Sodium: 310 milligrams
8. Sugar: 17 grams
9. TransFat: 7 grams

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