

Pasta e Fagioli with Wagon Wheel Pasta

Yield: 36 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/wagon-wheel-pasta-recipe-mexican-style>

Ingredients:

- 1 tablespoon olive oil
- 2 pounds lean ground beef
- 4 carrots large, sliced thin
- 4 stalks celery sliced thin
- 1 yellow onion small, chopped
- 14 1/2 ounces diced tomatoes cans of, not drained
- 16 ounces light red kidney beans cans, drained, I used 1
- 16 ounces great northern beans cans, drained, I used 1
- 8 cups beef broth I used 4 C of vegetable broth
- 26 ounces beef stock cartons, I used 2 cubes of beef bouillon
- 1 tablespoon italian seasoning
- 2 teaspoons black pepper
- 5 tablespoons Italian parsley fresh, chopped
- 2 teaspoons Tabasco Sauce
- 26 1/2 ounces spaghetti sauce cans, I used one
- 1 pound wagon wheel pasta

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 15 milligrams
4. Fat: 2.5 grams
5. Fiber: 4 grams
6. Protein: 11 grams
7. SaturatedFat: 1 grams
8. Sodium: 330 milligrams
9. Sugar: 3 grams

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