

Home-made Burrito Enchilada-Style

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-villa-burrito-enchilada>

Ingredients:

- 3 tablespoons butter
- 2 tablespoons flour all-purpose
- 1/2 teaspoon brown sugar
- 2 teaspoons Williams Chili Seasoning packet
- 14 1/2 ounces beef broth
- 1 pound ground beef leanest
- 1 onion diced.
- 1 tablespoon olive oil
- chili seasoning rest of the William's
- 1 teaspoon brown sugar
- 16 ounces fat-free refried beans
- 2 tortillas Largest burrito-sized
- 2 cups cheddar reduced fat white american or monterrey, shredded, divided
- lettuce optional
- chopped tomatoes optional
- hot sauce optional
- salsa optional

Nutrition:

1. Calories: 820 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 160 milligrams
4. Fat: 50 grams
5. Fiber: 8 grams
6. Protein: 47 grams
7. SaturatedFat: 25 grams
8. Sodium: 1660 milligrams

9. Sugar: 6 grams
 10. TransFat: 1 grams
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