

# Chicken Fajita

Yield: 5 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-style-tortilla-recipe>

## Ingredients:

- 2 pounds boneless chicken breasts skinless, sliced into thin strips
- 1 red pepper deseeded and sliced into thin strips
- 1 yellow pepper or green, deseeded and sliced into thin strips
- 1 onion medium, peeled and sliced into thin strips
- 3 tablespoons olive oil
- 1 tablespoon lemon juice
- 1/2 teaspoon chili powder
- 1 teaspoon ground cumin
- 1 pinch cayenne pepper
- 1/2 teaspoon kosher salt
- 1/2 teaspoon black pepper fresh
- 2 cloves garlic minced
- 8 tortillas warmed
- sour cream
- avocado sliced, or guacamole
- salsa

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 120 milligrams
4. Fat: 26 grams
5. Fiber: 6 grams
6. Protein: 48 grams
7. SaturatedFat: 6 grams
8. Sodium: 1210 milligrams
9. Sugar: 5 grams

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