

Mexican Beans From Scratch

Yield: 4 min

Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chilli-recipe-nz>

Ingredients:

- 2 1/4 pounds dried beans or 1 kilo, pinto or bayos or peruanos or flor de mayo
- 1/4 white onion small, skin removed
- 3 cloves garlic peeled & left whole
- sea salt to taste
- epazote fresh or dried, optional but adds great flavour
- water plenty of
- chillies fresh or dried Mexican, optional