

Slow Cooker Mexican Tri-Tip (Paleo/Whole30)

Yield: 4 min
Total Time: 310 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-tri-tip-slow-cooker-recipe>

Ingredients:

- 3 pounds tri tip
- 1 cup enchilada sauce
- 4 ounces diced green chiles
- 1 small onion sliced
- 1 bell pepper sliced
- 1 teaspoon salt
- 1 teaspoon cumin
- 1/2 teaspoon pepper
- 1/2 teaspoon paprika
- 1/2 teaspoon oregano
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon red pepper flakes

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 9 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 1230 milligrams
6. Sugar: 5 grams

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