

Beef Mexican Trash

Yield: 5 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-trash-can-recipe>

Ingredients:

- 1 pound lean ground beef
- 2 cups shredded cheddar cheese
- 10 3/4 ounces condensed cheddar cheese soup
- 10 ounces rotel tomatoes
- 1/2 cup sour cream
- 1/4 cup milk
- 1 package taco seasoning
- 1 bag plain tortilla chips coarsely crushed
- cheese additional, for topping

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 135 milligrams
4. Fat: 31 grams
5. Fiber: 2 grams
6. Protein: 36 grams
7. SaturatedFat: 19 grams
8. Sodium: 1280 milligrams
9. Sugar: 6 grams

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