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Summer Iced Tea Punch

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-tea-punch-recipe

Ingredients:

- 3 cups tea Milos
- 3 cups ginger ale
- 1 cup pineapple juice
- 2 cups frozen fruit or fresh, use a mix of your favorites such as kiwi, pineapple, strawberries, raspberries, blackberries
- ice

Nutrition:

Calories: 120 calories
Carbohydrate: 31 grams

3. Fiber: 1 grams

4. Sodium: 20 milligrams

5. Sugar: 26 grams

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