

Mexican Tart

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-tart-recipe>

Ingredients:

- 2 cups masa flour
- 1 3/4 cups water
- 1 teaspoon kosher salt
- nonstick cooking spray or butter, or oil
- 3/4 pound pulled pork or beef, or chicken
- 1/2 yellow onion diced and sauteed
- 1 cup black beans
- 1 cup white corn
- 1 cup salsa
- 2 tablespoons hot sauce I love Cholula
- 3/4 cup pickled jalapenos
- 1 1/2 cups sharp cheddar white, shredded
- 1 1/2 cups cheddar cheese shredded
- black olives sliced
- grape tomatoes sliced
- sour cream
- fresh cilantro chopped
- limes sliced

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 95 milligrams
4. Fat: 33 grams
5. Fiber: 12 grams
6. Protein: 32 grams
7. SaturatedFat: 19 grams
8. Sodium: 2370 milligrams
9. Sugar: 7 grams

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