

# Chicken Taquitos

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-taquito-recipe>

## Ingredients:

- 3 cups chicken cooked and shredded
- 6 ounces cream cheese softened
- 1/3 cup sour cream
- 1/2 cup salsa
- 1 1/2 cups colby jack cheese
- 1 1/2 cups baby spinach chopped and stems removed
- 12 corn tortillas 6 inch
- vegetable oil for frying

## Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 215 milligrams
4. Fat: 46 grams
5. Fiber: 5 grams
6. Protein: 54 grams
7. SaturatedFat: 22 grams
8. Sodium: 810 milligrams
9. Sugar: 4 grams

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