

Beef Taco Salad in Tortilla Bowls

Yield: 6 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-tap-water-recipe>

Ingredients:

- 2 tablespoons olive oil
- 6 large burrito size flour tortillas extra-
- 1/4 cup olive oil
- 1/2 cup red wine vinegar or white
- 1/4 teaspoon sea salt
- 1/4 teaspoon chipotle powder
- 1 pound lean ground beef
- 1/2 teaspoon sea salt
- 1 tablespoon ground cumin
- 1 teaspoon dried oregano
- 1 tablespoon chili powder
- 1/8 teaspoon chipotle powder
- 3 tablespoons tomato paste
- 1/2 cup tap water
- 8 romaine lettuce leaves torn into small pieces
- 1/2 head iceberg lettuce torn into small pieces
- 14 1/2 ounces black beans rinsed and drained
- 5 green onions chopped into 1/4-inch pieces
- 12 ounces cheddar cheese grated
- 1 avocado sliced
- 1/2 cup black olives
- 1 pint grape tomatoes
- 1/2 cup chopped cilantro optional
- 1 jar salsa store-bought
- 1/2 cup sour cream