

Taco Bell Tacos

Yield: 6 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/taco-bell-mexican-pizza-recipe>

Ingredients:

- 1 1/3 pounds ground chuck lean
- 1 1/2 tablespoons corn flour masa
- 4 1/2 teaspoons chili powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon garlic powder
- 1/2 teaspoon seasoning salt
- 1/2 teaspoon paprika
- 1/4 teaspoon cumin
- 1/2 teaspoon garlic salt
- 1/4 teaspoon sugar
- 1 teaspoon minced onion instant
- 1/2 teaspoon beef bouillon
- 12 taco shells
- 1 cup shredded cheddar cheese
- 1/2 head shredded lettuce

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 90 milligrams
4. Fat: 31 grams
5. Fiber: 3 grams
6. Protein: 27 grams
7. SaturatedFat: 13 grams
8. Sodium: 370 milligrams
9. Sugar: 1 grams
10. TransFat: 1 grams

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