

Mexican Sweet Corn Cake

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-sweet-recipe>

Ingredients:

- 1/2 cup butter softened, use real butter, not margarine
- 1/3 cup masa harina
- 1/4 cup water
- 1/4 cup corn meal
- 1/3 cup sugar
- 1/4 teaspoon table salt
- 1/2 teaspoon baking powder
- 2 tablespoons milk or cream
- 1 1/2 cups frozen corn fresh

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 60 milligrams
4. Fat: 24 grams
5. Fiber: 3 grams
6. Protein: 3 grams
7. SaturatedFat: 15 grams
8. Sodium: 390 milligrams
9. Sugar: 19 grams

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