

Oven Baked Sweet Potato Fries

Yield: 5 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-baked-sweet-potato-recipe>

Ingredients:

- 2 pounds sweet potatoes about 3 large ones
- 3 tablespoons canola oil or other high smoke-point oil such as grapeseed oil or rice bran oil
- 1 1/2 teaspoons kosher salt
- 2 tablespoons spice or spice combination of your choice: chipotle powder, smoked paprika, Chinese five-spice, pumpkin pie spice, garam...