

# Mexican Style Meatballs

Yield: 40 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/ground-pork-and-ground-beef-mexican-meatball-recipe>

## Ingredients:

- 1 1/2 pounds ground beef
- 1 1/2 pounds ground pork
- 2 eggs
- 1 1/2 cups dried bread crumbs plain
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 2 cloves garlic minced
- 1/2 cup water
- 56 ounces tomatoes with juice diced
- 3 chipotle peppers in adobo sauce
- 4 teaspoons vegetable oil
- 2 onions small, minced
- 4 cloves garlic minced
- 2 teaspoons ground cumin
- 2 cups chicken broth
- 1 teaspoon salt
- 1/2 cup chopped fresh cilantro for garnish, optional

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 35 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 230 milligrams
9. Sugar: 1 grams

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