

# Mexican Mac and Cheese

Yield: 5 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/nada-mexican-mac-and-cheese-recipe>

## Ingredients:

- 1 tablespoon olive oil
- 1 bell pepper diced
- 1 cup grape tomatoes diced
- 4 ounces diced green chilies drained
- 1 teaspoon garlic salt
- 10 3/4 ounces poblano Campbell's condensed Creamy, and Queso Soup
- 3/4 cup milk
- 2 cups shredded cheese Mexican blend, sometimes it's called fiesta blend
- 1 pound macaroni box of, you can use any kind - I prefer elbow or cavatappi, cooked and drained
- season salt to taste, I like to use Johnny's

## Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 81 grams
3. Cholesterol: 50 milligrams
4. Fat: 20 grams
5. Fiber: 5 grams
6. Protein: 27 grams
7. SaturatedFat: 10 grams
8. Sodium: 410 milligrams
9. Sugar: 10 grams

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