

# 20-Minute Mexican Style Chicken Salad

Yield: 5 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-style-chicken-recipe>

## Ingredients:

- 7 cups rotisserie chicken shredded, about 1 chicken
- 1 cup whole plain yogurt Greek is great
- 1/2 cup mayo real
- 1 onion small, finely chopped
- 1 red bell pepper small, finely chopped
- 1/2 cup celery finely chopped
- 1/4 cup green onion sliced
- 1 tablespoon lime juice freshly squeezed
- 3 teaspoons ground cumin
- 2 teaspoons paprika
- 2 teaspoons dried oregano
- 2 teaspoons kosher salt
- 1 1/2 teaspoons garlic powder
- 1 teaspoon granulated sugar
- 1 teaspoon ground mustard
- 1 teaspoon chili powder
- 1/4 teaspoon freshly ground black pepper
- chopped fresh cilantro optional
- lime slices optional
- flour tortillas
- chips
- crackers
- bread
- rice Cilantro-Lime or or Mexican rice

## Nutrition:

1. Calories: 540 calories

2. Carbohydrate: 41 grams
  3. Cholesterol: 475 milligrams
  4. Fat: 23 grams
  5. Fiber: 4 grams
  6. Protein: 41 grams
  7. SaturatedFat: 7 grams
  8. Sodium: 1540 milligrams
  9. Sugar: 8 grams
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