

# Mexican Manicotti

Yield: 8 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/taste-life-recipe-mexican-pasta-shells>

## Ingredients:

- 1 pound lean ground beef
- 16 ounces refried beans
- 2 1/2 teaspoons chili powder
- 1 1/2 teaspoons dried oregano
- 8 ounces manicotti shells uncooked
- 2 1/2 cups water
- 16 ounces picante sauce
- 2 cups sour cream
- 1 cup Monterey Jack shredded, or Mexican cheese blend
- 1/4 cup green onions sliced
- ripe olives Sliced, optional

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 80 milligrams
4. Fat: 20 grams
5. Fiber: 5 grams
6. Protein: 24 grams
7. SaturatedFat: 11 grams
8. Sodium: 790 milligrams
9. Sugar: 5 grams

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