

Mexican Strawberries and Cream (Fresas Con Crema)

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-strawberries-and-cream-recipe>

Ingredients:

- 3 cups strawberries rinsed and sliced
- 1 cup Mexican cream
- 4 tablespoons condensed milk
- 1 teaspoon ground cinnamon
- fresh mint for garnish, optional

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 30 milligrams
4. Fat: 11 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. SaturatedFat: 7 grams
8. Sodium: 65 milligrams
9. Sugar: 19 grams

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