

Mexican Strata

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-strata-recipe-the-chew>

Ingredients:

- 6 eggs large farm fresh
- 1 handful baby spinach fresh
- 1 cup diced potatoes
- 1/2 cup chunky salsa
- 10 slices jalapeno peppers
- 10 black olives cut int half
- salt
- pepper
- 2 cups shredded mexican cheese blend

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 315 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 550 milligrams
9. Sugar: 2 grams

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