

Roasted Vegetable & Chicken Stacked Enchiladas

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-stacked-enchiladas-recipe>

Ingredients:

- 1 zucchini chopped into 1-inch pieces
- 1 yellow squash chopped into 1-inch pieces
- 1 eggplant chopped into 1-inch pieces
- 1 yellow onion chopped into 1-inch pieces
- 1 tablespoon olive oil
- 1 teaspoon kosher salt
- 2 chicken breasts cooked and cut into small pieces., about 2 cups worth
- 20 ounces red enchilada sauce
- 1/2 teaspoon pimenton or, if you don't have that, chili powder
- 1 jalapeno seeded and roughly chopped, optional
- 10 ounces Monterey Jack cheese coarsely shredded
- 10 corn tortillas small

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 135 milligrams
4. Fat: 30 grams
5. Fiber: 13 grams
6. Protein: 50 grams
7. SaturatedFat: 15 grams
8. Sodium: 2380 milligrams
9. Sugar: 18 grams

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