

# Steaks with Mexican Spices and Chile Con Queso

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-spices-recipe>

## Ingredients:

- 2 tablespoons grill seasoning
- 2 limes
- 1 1/2 teaspoons ground coriander
- 1 1/2 teaspoons ground cumin
- 1 1/2 teaspoons chili powder
- 1 1/2 teaspoons kosher salt
- 4 strips steaks 2 lbs total
- 1 tablespoon butter
- 2 tablespoons butter
- 2 tablespoons flour
- 1 1/2 cups milk
- 1 1/2 cups smoked cheddar cheese shredded
- 1 chipotle in adobo seeds removed, minced
- 1 teaspoon adobo sauce or more if desired
- salt
- cilantro

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 30 milligrams
4. Fat: 12 grams
5. Fiber: 3 grams
6. Protein: 6 grams
7. SaturatedFat: 7 grams
8. Sodium: 1490 milligrams
9. Sugar: 7 grams

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