

# Pesto Salmon with Crunchy Green Beans

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-spiced-salmon-and-green-beans-recipe>

## Ingredients:

- 1 package salmon with Pesto
- 1/2 pound green beans trimmed
- 2 teaspoons pine nuts
- 1 teaspoon extra virgin olive oil
- fine sea salt

## Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 4 grams
3. Fat: 2 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. Sodium: 200 milligrams
7. Sugar: 2 grams

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